

Dental

MAGNA-TEL COLLECTION



Tooth Chart

Use the chart below to verify the number of teeth for a given age.



When	Baby Teeth	Permanent Teeth	When	Baby Teeth	Permanent Teeth
5-12 months	4	0	7-9 years	12	12
8-13 months	6	0	9-11 years	8	16
13-19 months	12	0	10-12 years	4	20
16-23 months	16	0	11-12 years	0	24
2-3½ years	20	0	12-13 years	0	28
6-7 years	20	4	17-22 years	0	32
6-8 years	16	8			



front teeth
have sharp, thin edges for cutting food.

Incisors



corner teeth
designed for cutting and tearing food.

Canines/Cuspids



back teeth
have cusps for grasping and tearing food.

Premolars/Bicuspids



back teeth
have short, blunt cusps for grinding solid food.

Molars

Tiffany Long, DDS
555-4567

R: "TLC" for Braces



BRUSHING & FLOSSING

Brush often and thoroughly using a soft brush and fluoride toothpaste.

SOFT FOODS ARE BETTER

Eat foods such as soups, pastas, stews, chicken, meatloaf, etc. Soft foods do not cause damage to your wires and braces.

BITE SIZE IS BETTER

Cut all foods into bite size pieces. Why? Less wear on braces and easier to chew.



AVOID STICKY FOODS

Gum, caramels, taffy, jelly beans, toffee, etc.

AVOID HARD AND CRUNCHY FOODS

Ice, popcorn, nuts, corn chips, jerky, hard candies, crusty bread, pretzels, carrots, etc.

AVOID SUGARY FOODS

Soft drinks, candy, cookies, pies, cakes, etc.

KEEP EVERYTHING EXCEPT FOOD OUT OF YOUR MOUTH!

SOLVING PROBLEMS "BEFORE YOU PANIC"

LOOSE BAND OR BRACKET If intact, leave in place and use wax to avoid soreness. If not intact, save all parts for the doctor.

LOOSE WIRES Try to nudge back in place with a blunt object. If wire is poking, try to bend with sturdy object such as a spoon or eraser. Cover with wax to avoid soreness and call the office.

LOST TIE WIRE OR ELASTIC This can be carried over until the next appointment.

GENERAL DISCOMFORT OR SORENESS Use warm salt water as a rinse and Tylenol for pain.

IF PAIN OR DISCOMFORT PERSISTS, CALL US AS SOON AS POSSIBLE



Sanders & Ferry DDS
555-0807

A dentist wanted to increase awareness of his new office and the services they provide. It was decided that the office would donate magnets to students at the local elementary schools. 2500 magnets were distributed in three neighboring towns. A Magna-Tel tooth-shaped magnet with office hours and contact information were used for this project.

about FACE
ORTHODONTICS

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