Dental

MAGNA-TEL COLLECTION







Tooth Chart

Use the chart below to verify the number

When	Baby Teeth	Permanen Teeth	When	Baby Teeth	Permanent Teeth
5-12 months	4	0	7-9 years	12	12
8-13 months	6	0	9-11 years	8	16
13-19 months	12	0	10-12 years	4	20
16-23 months	16	0	11-12 years	0	24
2-3½ years	20	0	12-13 years	0	28
6-7 years	20	4	17-22 years	0	32
6-8 years	16	8			

front teeth have sharp, thin edges for cutting food.

back teeth have cusps for grasping and tearing food.

corner teeth designed for cutting and tearing food.

Tiffany Long, DDS 555-4567

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R: "TLC" for Braces

BRUSHING & FLOSSING
Brush often and thoroughly using a soft brush and fluoride
toothpaste.
SOFT FOODS ARE BETTER

at foods such as soups, pastas, stews, chicken, meatloaf, etc. Soft foods do not cause damage to your wires and braces. BITE SIZE IS BETTER

Cut all foods into bite size pieces. Why? Less wear on braces and easier to chew.

AVOID STICKY FOODS

Gum, caramels, taffy, jelly beans, toffee, etc.

AVOID HARD AND CRUNCHY FOODS Ice, popcorn, nuts, corn chips, jerky, hard candies, crusty bread, AVOID SUGARY FOODS

Soft drinks, candy, cookies, pies, cakes, etc.

P EVERYTHING EXCEPT FOOD OUT OF YOUR MOUTH!

SOLVING PROBLEMS "BEFORE YOU PANIC"

LOOSE BAND OR BRACKET If intact, leave in place and use wax to avoid soreness. If not intact, save all parts for the doctor

LOOSE WIRES Try to nudge back in place with a blunt object. If wire is poking, try to bend with sturdy object such as a spoon or eraser. Cover with wax to avoid soreness and call the office.

LOST TIE WIRE OR ELASTIC This can be carried over

GENERAL DISCOMFORT OR SORENESS Use salt water as a rinse and Tylenol for pain.

OR DISCOMFORT PERSISTS, CALL US AS SOON AS POSSIBLE



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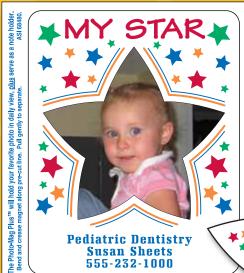
A dentist wanted to increase awareness of his new office and the services they provide. It was decided that the office would donate magnets to students at the local elementary schools. 2500 magnets were distributed in three neighboring towns. A Magna-Tel tooth-shaped magnet with office hours and contact information were used for this project.



Ronald Wicks, DDS, MSD

Specialist in Orthodontics 60 South Main Street 555-6978

RectangleRC1 - NoteKeepers™



Pediatric Dentistry **Susan Sheets** Susan Sheets 555-232-1000 555-232-1000

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Tooth2 - NoteKeepers™